



# CARMAN FAMILY RESOURCE CENTRE

Programs – Parenting Resources – A Place for Families



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[www.carmanfamilyresourcecentre.com](http://www.carmanfamilyresourcecentre.com)

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The Carman Family Resource Centre will be closed for the summer from July 1 through September 4, 2017.

We will re-open on Tuesday, September 5, 2017 to start a new season of programs for parents and their children!

Have a safe and enjoyable summer!



## Stay & Play

Come join us again on Thursday mornings from 10:00 – 11:45 am at the Carman Family Resource Centre for a new season of Stay & Play **beginning on September 14, 2017!**



Look for us at the Carman Fair Parade on **Saturday, July 15<sup>th</sup>!**  
We will distribute books to preschool children in support of early literacy!

A reminder: Southern Health/Santé Sud offers the **Healthy Baby** program in Carman on the last Tuesday of every month from 10:00 am – 12:00 pm. The next two sessions are:

**July 25** – held at Kings Park; **August 29** – held at the Carman Mennonite Church

Please contact the Carman Public Health office at 204-745-2426 for more information.



**Activity Ideas to Learn at Play as a Family** - Engaging in literacy activities as a family improves a child's skills and also helps adults keep their skills sharp. Here are a few ideas to get your family started!

**Grocery Hunt:** Write a grocery list with your child and let kids find all the items in the store– a fun way to do the grocery shopping! Have kids create the list by drawing food items or using grocery store flyers, too!

**Happy 150:** It's Canada's 150th birthday this year – that's a lot of candles! What would you do for your dream birthday party and where you would go?

**Map it!:** Pretend your family is anywhere in the world – on a world map, point to a location. Find out more about that county. What language do they speak, what is the weather, what sports do they play?

**Game Anyone?:** Playing a board game is a fun way to learn together as a family. Try the *Get Winston* game at [FamilyLiteracyFirst.ca](http://FamilyLiteracyFirst.ca).

Source: [www.FamilyLiteracyDay.ca](http://www.FamilyLiteracyDay.ca)